

# 2025 1<sup>st</sup> & 2<sup>nd</sup> Flag Football

## **General Rules**

1. Games will be played 4 vs. 4. (Coaches will quarterback)
2. Offensive team gets the ball at same starting point every series, the 5 yard line.
3. Line of scrimmage is designated by an orange cone.
4. 4 plays to cross midfield. Once a team crosses midfield, it has 4 plays to score a touchdown.
5. If a team doesn't score, the new offensive team takes over from their 5 yard line.
6. Interceptions may be returned for a TD, but if not returned for a TD, then they start at their 5 yard line.
7. There are no kickoffs/no blocking.
8. Each half is 25 minutes. Switch sides after half.

## **Scoring**

1. Touchdown --- 6 points
2. Extra Point ---- 1 point – From 5 yard line  
---- 2 points – From 10 yard line

## **In Game Rules**

1. Parent coaches will be the quarterback. The center will snap the ball. (Center is an eligible receiver.)
2. **NO RUNNING ZONES** are located five yards from the end zone and five yards from midfield.
3. The player who takes the handoff can throw the ball from behind the line of scrimmage.
4. Ball is spotted where flag is pulled. Spinning is allowed, but players cannot leave their feet.
5. All players are eligible to receive passes (including the center)
6. A player must have at least one foot inbounds when making a reception.

**There will be a brief coaches meeting Aug. 28 at 5:00 before the first game at the fields.**

<b>Date</b>	<b>Teams</b>	<b>Field</b>	<b>Date</b>	<b>Teams</b>	<b>Field</b>
Aug. 28	1 v 8 2 v 7 4 v 5 3 v 6	1 2 3 4	Sept. 18	2 v 5 3 v 4 6 v 8 1 v 7	1 2 3 4
Sept. 4	4 v 6 2 v 8 1 v 5 3 v 7	1 2 3 4	Sept. 25	7 v 8 2 v 6 1 v 4 3 v 5	1 2 3 4
Sept. 11	3 v 8 5 v 6 4 v 7 1 v 2	1 2 3 4	<b><u>*All games are 5:15-6:15pm</u></b>		

**Games will be played on the fields North of  
the Early Childhood Center/preschool.  
(Youth Soccer Fields)**

**Fields are labeled 1-4 with metal signs.**

# 2025 1<sup>st</sup> & 2<sup>nd</sup> Flag Football

## 1 – Chiefs

Rudy Hoppe  
Vaylin Postma  
Eli Vanden Hull  
Jonah Walstra  
Roman Van Kley  
Zion Postma  
Grayson Dieleman

## 2 – Jets

Wes De Younge  
Calvin Halma  
Davis Knobloch  
Jordan Raih  
Jotavah Jackson  
Kaleo Hoppe  
Jamin Blankers

## 3 – Dolphins

Josue Bartolon  
Vanessa Salcedo  
Bentley Byl  
Grant Huisman  
Aiden Smit  
Julian Addink  
Gideon Wolf  
Kyan Kruger

### Coaches:

Dan Walstra – 441-1544  
Darren Dieleman – 449-5095

### Coaches:

Chris Hoppe – 441-2575  
Darren Raih – 515-344-2464

### Coaches:

Dave Smit – 441-0271  
Henry Byl – 441-6751

## 4 – Cowboys

Alexis Chavez  
Mason Waltz  
Logan Borger  
Jaxson Pace  
Cooper Harmelink  
Brixten Holwerda  
Grayson Rozeboom

## 5 – Bills

Camden Rens  
Nixon Mosher  
Henry Haan  
Parker Kroeze  
Kai Willits  
Lockston Van Veldhuizen  
Ian Nilson

## 6 – Vikings

Caysen Ackerman  
Brooks Clousing  
Zion Ashmore  
James Geleynse  
Harrison Brundell  
Emmett Floen  
Beckham Mejia

### Coaches:

Aric Waltz – 441-3791  
AJ Borger – 230-4678  
Jon Holwerda – 441-7565

### Coaches:

Grant Willits – 360-0796  
Doug Mosher

### Coaches:

Jared Ackerman – 540-1955  
Aaron Floen – 449-5129  
Trent Geleynse – 920-326-9053

## 7 – Rams

Walter Kroese  
Eli Shetler  
Theissen Dieleman  
Hendrik Dieleman  
Stephen Stiles  
Bryant Schoellerman  
Rhemy Vande Kamp

## 8 – Raiders

Ezekiel Stelling  
Baker Ebel  
Cohen Kuiper  
Brecken Goslinga  
Kian Gibbons  
Lincoln Wilcox  
Colter Kooima

### Coaches:

Josh Shetler – 402-995-1787  
Ryan Kroese – 515-721-8676

### Coaches:

Trevor Kuiper – 348-3247  
Joe Kooima – 470-2216  
Grant Stelling – 449-7134