

2025 1st & 2nd Flag Football

General Rules

1. Games will be played 4 vs. 4. (Coaches will quarterback)
2. Offensive team gets the ball at same starting point every series, the 5 yard line.
3. Line of scrimmage is designated by an orange cone.
4. 4 plays to cross midfield. Once a team crosses midfield, it has 4 plays to score a touchdown.
5. If a team doesn't score, the new offensive team takes over from their 5 yard line.
6. Interceptions may be returned for a TD, but if not returned for a TD, then they start at their 5 yard line.
7. There are no kickoffs/no blocking.
8. Each half is 25 minutes. Switch sides after half.

Scoring

1. Touchdown --- 6 points
2. Extra Point ---- 1 point – From 5 yard line
----- 2 points – From 10 yard line

In Game Rules

1. Parent coaches will be the quarterback. The center will snap the ball. (Center is an eligible receiver.)
2. **NO RUNNING ZONES** are located five yards from the end zone and five yards from midfield.
3. The player who takes the handoff can throw the ball from behind the line of scrimmage.
4. Ball is spotted where flag is pulled. Spinning is allowed, but players cannot leave their feet.
5. All players are eligible to receive passes (including the center)
6. A player must have at least one foot inbounds when making a reception.

There will be a brief coaches meeting Aug. 28 at 5:00 before the first game at the fields.

<u>Date</u>	<u>Teams</u>	<u>Field</u>	<u>Date</u>	<u>Teams</u>	<u>Field</u>
Aug. 28	1 v 8	1	Sept. 18	2 v 5	1
	2 v 7	2		3 v 4	2
	4 v 5	3		6 v 8	3
	3 v 6	4		1 v 7	4
Sept. 4	4 v 6	1	Sept. 25	7 v 8	1
	2 v 8	2		2 v 6	2
	1 v 5	3		1 v 4	3
	3 v 7	4		3 v 5	4
Sept. 11	3 v 8	1	<u>*All games are 5:15-6:15pm</u>		
	5 v 6	2			
	4 v 7	3			
	1 v 2	4			

**Games will be played on the fields North of
the Early Childhood Center/preschool.
(Youth Soccer Fields)**

Fields are labeled 1-4 with metal signs.

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1 – Chiefs

Rudy Hoppe
Vaylin Postma
Eli Vanden Hull
Jonah Walstra
Roman Van Kley
Zion Postma
Grayson Dieleman

Coaches:

Dan Walstra – 441-1544
Darren Dieleman – 449-5095

2 – Jets

Wes De Younge
Calvin Halma
Davis Knobloch
Jordan Raih
Jotavah Jackson
Kaleo Hoppe
Jamin Blankers

Coaches:

Chris Hoppe – 441-2575
Darren Raih – 515-344-2464

3 – Dolphins

Josue Bartolon
Vanessa Salcedo
Bentley Byl
Grant Huisman
Aiden Smit
Julian Addink
Gideon Wolf
Kyan Kruger

Coaches:

Dave Smit – 441-0271
Henry Byl – 441-6751

4 – Cowboys

Alexis Chavez
Mason Waltz
Logan Borger
Jaxson Pace
Cooper Harmelink
Brixten Holwerda
Grayson Rozeboom

Coaches:

Aric Waltz – 441-3791
AJ Borger – 230-4678
Jon Holwerda – 441-7565

5 – Bills

Camden Rens
Nixon Mosher
Henry Haan
Parker Kroeze
Kai Willits
Lockston Van Veldhuizen
Ian Nilson

Coaches:

Grant Willits – 360-0796
Doug Mosher

6 – Vikings

Caysen Ackerman
Brooks Clousing
Zion Ashmore
James Geleynse
Harrison Brundell
Emmett Floen
Beckham Mejia

Coaches:

Jared Ackerman – 540-1955
Aaron Floen – 449-5129
Trent Geleynse – 920-326-9053

7 – Rams

Walter Kroese
Eli Shetler
Theissen Dieleman
Hendrik Dieleman
Stephen Stiles
Bryant Schoellerman
Rhemy Vande Kamp

Coaches:

Josh Shetler – 402-995-1787
Ryan Kroese – 515-721-8676

8 – Raiders

Ezekiel Stelling
Baker Ebel
Cohen Kuiper
Brecken Goslinga
Kian Gibbons
Lincoln Wilcox
Colter Kooima

Coaches:

Trevor Kuiper – 348-3247
Joe Kooima – 470-2216
Grant Stelling – 449-7134