



770 7<sup>th</sup> Street NE · Sioux Center, IA 51250 · Phone: 712-722-4FUN · Fax: 712-722-4409

## All Seasons Center VAAHL Registration Form

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_  
Street of Box # City State/Zip

E-MAIL: \_\_\_\_\_ Phone: \_\_\_\_\_

Team: \_\_\_\_\_ Jersey #: \_\_\_\_\_

I have read, understand and agree with the Playing Rules and Policies of the VAAHL printed below.

\_\_\_\_\_  
VAAHL Member Date ASC Representative's Signature Date

### Requirements:

- VAAHL Dues
- Proof of USA Hockey Registration
- VAAHL Liability Waiver

### Playing Rules & Policies

The VAAHL is a full equipment, non-contact league. There are no slap shots permitted during games. Two officials will be utilized for all games to ensure clean play and adherence to the rules. All minor penalties will be assessed as 3 minutes run time. All periods are 20 minutes run time. There will be a scorekeeper for each game to record goals assists, penalties and final score. The ice will be resurfaced between the 2<sup>nd</sup> and 3<sup>rd</sup> period. Teams are required to return to their locker rooms while the ice is resurfaced.